

# **Drugs Education Policy**



Date Written & Approved	Mar 2024	Ву	R.Eldred
Date of next review	Mar 2025	Approved by	Governing Body
Review Cycle	Reviewed and approved by the full governing board annually.		

### Curriculum

We aim to educate children enabling them to make safe and healthy choices throughout their lives. Through the Science and Personal, Social, Health, Relationship Education (PSHRE) curriculum children are taught the following:

**Science:** When learning about animals, including humans, children will learn how doctors and vets care for humans and other animals. They will learn about the safe use of medicines and about making healthy choices in relation to food and exercise.

**Physical Education (P.E.):** In P.E lessons children begin to learn what it means to be healthy, how they can tell if their body is healthy and live a healthy lifestyle.

#### **PSHRE**

Developing confidence and responsibility and making the most of their abilities:

• To recognise what they like and dislike, what is fair and unfair, and what is right and wrong.

Preparing to play an active role as citizens:

- To take part in a simple debate about topical issues.
- To recognise choices, they can make and recognise the difference between right and wrong.

Developing a healthy, safer lifestyle:

- How to make simple choices that improve their health and wellbeing.
- To maintain personal hygiene.
- How some diseases spread and can be controlled.
- That all household products, including medicines, can be harmful if not used properly.

Developing good relationship and respecting the differences between people:

- To recognise how their behaviour affects other people.
- To identify and respect the differences and similarities between people.
- That family and friends should care for each other.

## In educating children about drugs within the above areas of the curriculum, children will learn that:

- When used correctly medicines can help us to get better and can stop the spread of disease.
- Adults should always administer medicines to children as directed by the nurse or doctor.
- Taking the medicine prescribed for another person is dangerous and must not be done.
- Tablet medicines can sometimes look like sweets so we must never eat something if we are not sure what it is.
- Household cleaners can be very dangerous and children should not open them if they are within their reach.
- Medicines should be stored out of the reach of children.
- We can make choices in life which can help to keep up healthy.
- Some people choose to smoke, but it can cause bad health.
- We all have the right to have a smoke free environment and our school is a smoke free environment.
- If we are offered something that can harm our health, we can and should say "No".
- Some substances such as alcohol can be harmful if taken too much.
- Some drugs are not supposed to be taken and can have a very bad effect on human bodies.

## **Whole School Practice**

To support the Drubs Education Policy the school will ensure that:

- The school site is a smoke free site. No alcohol will be consumed on site during school hours.
- In addition to soft drinks, alcohol may be available for purchase and consumption at some fundraising events.
- Any prescribed medicine required by a child during the school day will be stored securely.
- The school's medicine policy is followed by staff and parents.
- The DfE and Association of Chief Police Officers Drug Advice for Schools document will be followed should it be suspected that a child or parents has illegal drugs on their person on the school site.